



STANDER

BE INDEPENDENT.

**HOME SAFETY
EVALUATION**

Who Can Benefit from a Home Safety Evaluation?

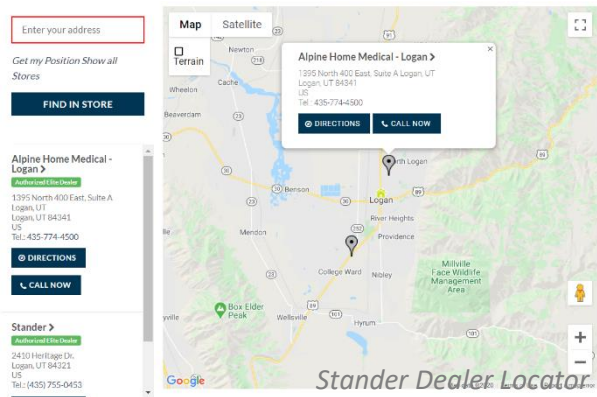
Family members who are suffering physical limitations, mental deficiencies, function losses, or social deficits can benefit from some level of home modification. A Home Safety Evaluation is used to assess the severity of patient losses and determine the suitability of a home regarding safety and comfort. To assess the severity of losses in your loved one, consider the following circumstances:

Physical	Mental	Functional	Social
<i>Vision/hearing loss</i>	<i>Dementia</i>	<i>Poor gait</i>	<i>Self-neglect</i>
<i>Disease or illness</i>	<i>Depression</i>	<i>Injury recovery</i>	<i>Small social circle</i>
<i>At-risk for falls</i>	<i>Anxiety</i>	<i>Poor balance</i>	<i>Difficult finances</i>
<i>Polypharmacy</i>		<i>Weakness in muscles</i>	<i>Lack of transportation</i>
<i>Lack of mobility</i>		<i>Arthritis</i>	

During a Home Safety Evaluation, it is necessary to assess each section of the house and identify potential hazards or tasks that may be difficult or dangerous to perform. With each red flag that is identified, a contingency plan should be made to address said hazard or task. Such an assessment may require asking difficult questions and having open dialogue between you and those you care for.

For a full home care assessment by an accredited care manager, use our **Dealer Locator** to find an expert near you. Care managers will fully assess the needs of your loved one and their home, including: functional necessities, emotional well-being, safety precautions, and financial resources.

To find a care manager near you, click [here](#):



While assessing the suitability of one's home, answer each question and create plan for each need:

Overall Protection

1. Are telephones available throughout the house? Yes No
 - a. Are emergency contacts/phone numbers posted? Yes No
 - b. Are speed dials set on telephones? Yes No

Contingency plan for communicating in case of emergencies:

2. Do thresholds in doorways have proper coverings? Yes No
 - a. Do thresholds covers need to be installed? Yes No

Contingency plan for thresholds:



3. Are sharp or dangerous objects stored appropriately? Yes No
 - a. Are guns and knives stowed away appropriately? Yes No
 - b. Are cleaning supplies properly stored/labeled? Yes No
 - c. Are there sharp edges on furniture or counters? Yes No

Contingency plan for dangerous objects:

4. Is there a plan in place in case of an emergency? Yes No
 - a. Do all fire & CO alarms work properly? Yes No
 - b. Are there fire extinguishers accessible? Yes No
 - c. Is there a fire escape plan for each room? Yes No
 - d. Are there flashlights easily accessible? Yes No
 - e. Is there a first aid kit easily accessible? Yes No

Contingency plan in case of emergencies:

Proper Hall Lighting

1. Is there adequate lighting throughout the house?

Yes No

a. Do additional lights need to be added?

Yes No

b. Do nightlights need to be added in walkways?

Yes No



Contingency plan for better lighting:

2. Is there appropriate heating and cooling in the home?

Yes No

a. Is the thermostat readable and accessible?

Yes No

b. Is the water temperature appropriate?

Yes No

Contingency plan for heating and cooling:

3. Is the person in need of walking assistance?

Yes No

a. Do they need a walking aid with a seat?

Yes No

b. Will they be using the aid outside the home?

Yes No

Contingency plan walking aids:



Home Entry

1. Can the person enter the home on their own? Yes No
 - a. Do they need a wheelchair to enter? Yes No
 - b. If so, is the home wheelchair accessible? Yes No
 - c. Do they need a walker/rollator to enter? Yes No
 - d. Do they require to be carried in? Yes No

Contingency plan for getting the person into the home:

2. Are there handrails when entering the home? Yes No
 - a. Do handrails need to be installed? Yes No

Contingency plan for entryway handrails:

3. Is the pathway/entryway into the home free of clutter? Yes No
 - a. Are they at risk of tripping and falling? Yes No
 - b. Is the pathway in good repair? *(image right)* Yes No
 - c. Is there grease or oil on the ground? Yes No



Contingency plan for pathway to entry?

4. Are there rugs or mats in the entryway? Yes No
 - a. Are they wrinkled or have curled edges? Yes No
 - b. Do they have slip-resistant backing? Yes No

Contingency plan for rugs/mats in entry:

Bathrooms

1. Is the bathroom free of clutter? Yes No
 - a. Are there unnecessary items on the ground? Yes No
 - b. Are there unnecessary items on the counters? Yes No
 - c. Are there unnecessary items in the cabinets? Yes No

Contingency plan for removing bathroom clutter:

2. Are there loose rugs or mats on the floor? Yes No
 - a. Are they wrinkled or have curled edges? Yes No
 - b. Do they have slip-resistant backing? Yes No
 - c. Do they present a risk of slipping and falling? Yes No

Rug with curled edges



Slip-resistant backing

Contingency plan for mats or rugs:

3. Is there a walk-in shower? Yes No
 - a. Do handrails need to be installed? Yes No
 - b. Can they step over the shower/bathtub lip? Yes No

Contingency plan for handrails:

Our Recommendation:



[Security Pole & Curve Grab Bar](#)

4. Is the toilet seat too low? Yes No
- a. Do they need handrails next to the toilet? Yes No
- b. Do they need a lifted toilet seat? Yes No

Contingency plan for using the toilet:

5. Is there a risk of falling while in the shower or bathtub? Yes No
- a. Do they need a shower chair or bench? Yes No
- b. Do handrails need to be installed in the tub or shower? Yes No
- c. Do you need a bathmat? Yes No



Contingency plan for showering or bathing:

6. Are necessary items in accessible locations? Yes No
- a. Is the soap/shampoo easy to reach? Yes No
- b. Are toiletries available without bending over? Yes No
- c. Are cabinets/drawers easy to open and close? Yes No

Contingency plan for accessible items:

7. Are walking aids/wheelchairs going to be used in the bathroom? Yes No
- a. Can the aid easily get through the doorway? Yes No
- b. Is there ample space to turn around with the aid? Yes No
- c. Is there anything on the floor impeding the aid? Yes No

Contingency plan to make the bathroom accessible for mobility aids:

Kitchen

1. Can the person reach necessary items without climbing? Yes No
 - a. Are the countertops at an appropriate level? Yes No
 - b. Is the microwave at a lower level? Yes No
 - c. Can items be stored safely in lower cabinets? Yes No

Contingency plan for making items accessible:

2. Is the kitchen floor and countertops clear of clutter? Yes No
 - a. Is there anything in danger of falling off counters? Yes No
 - b. Are there any tripping hazards on the floor? Yes No
 - c. Are there unnecessary items on/in counter/cabinets? Yes No

Contingency plan for clearing clutter:

Cluttered countertops



Accessible/clean kitchen

3. Are there loose rugs or mats on the floor? Yes No
 - a. Are they wrinkled or have curled edges? Yes No
 - b. Do they have slip-resistant backing? Yes No

Contingency plan for making items accessible:

4. Are walking aids/wheelchairs going to be used in the kitchen? Yes No
 - a. Can the aid navigate around the countertops? Yes No
 - b. Is there ample space to turn around with the aid? Yes No
 - c. Is there anything on the floor impeding the aid? Yes No

Contingency plan to make the kitchen accessible for mobility aids:

Living Room

1. Are the couches and chairs at an appropriate height? Yes No
- a. Are furniture risers needed? Yes No
- b. Is there a lift chair available? Yes No

Contingency plan for raising low couches or chairs:

2. Can the person easily sit or stand from couches or chairs?

Yes No

- a. Are the arm rests worn or cushioned?

Yes No

- b. Are standing aids needed on chairs?

Yes No

- c. Will ample time be spent in the chair?

Yes No

- d. Will they require a TV dinner tray?

Yes No

Contingency plan to stand from chairs/couches:

Armrests should be avoided



Our Recommendation:



Stander Standing Aids

3. Are walking aids/wheelchairs going to be used in the living room? Yes No
- a. Is the furniture arranged to allow ease of movement? Yes No
- b. Are there any cords/wires across the floor? Yes No
- c. Is there ample space to turn around with the aid? Yes No

Contingency plan to allow for mobility aids in the living room:

4. Are there loose rugs or mats on the floor? Yes No
- a. Are they wrinkled or have curled edges? Yes No
- b. Do they have slip-resistant backing? Yes No

Contingency plan for rugs or mats:

Bedroom

1. Is the bedroom located near a bathroom? Yes No
 - a. Is there an alternative bedroom closer to a bathroom? Yes No
 - b. Are there obstacles to get to the nearest bathroom? Yes No

Contingency plan for getting from bedroom to bathroom:

2. Is the bedroom located on a separate floor than living spaces? Yes No
 - a. Is there an alternative bedroom on the main floor? Yes No
 - b. Do you need a stair lift or stair lift alternative? Yes No

Contingency plan for using stairs to get to bedroom:

3. Are walking aids/wheelchairs going to be used in the bedroom? Yes No
 - a. Can the person transfer from the bed to the aid? Yes No
 - b. Is there clutter that might impede the use of an aid? Yes No
 - c. Are there loose cords/wires on the floor? Yes No

Contingency plan for using mobility aids in the bedroom:

4. Can your loved one get in and out of bed by themselves?

Yes No

- a. Is the bed an appropriate height? Yes No
- b. Do they need a bed handle to get out of bed? Yes No
- c. Do they need bed stairs to get into bed? Yes No

Contingency plan to get in and out of bed:

Low bed/mattress



Our Recommendation:



Stander Bed Handles

5. Is the person at risk to fall out of bed at night?

Yes No

a. Do they have night tremors or sleepwalk?

Yes No

b. Do they have to reach out of bed to a nightstand?

Yes No

c. Do they need a full guard rail to keep them in bed?

Yes No

Our Recommendation:



Stander Bed Rails

Contingency plan to prevent nighttime falls: